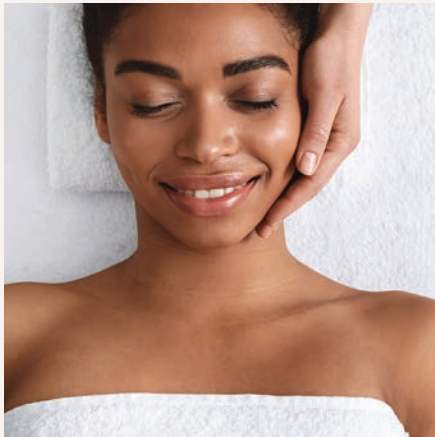
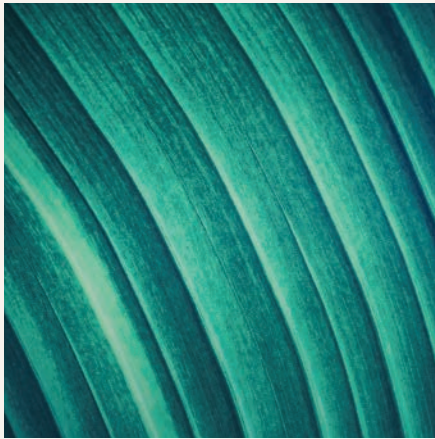


# THE SPA

**H**  
HARBOR  
CLUB










## *The Cloud 9 Experience*

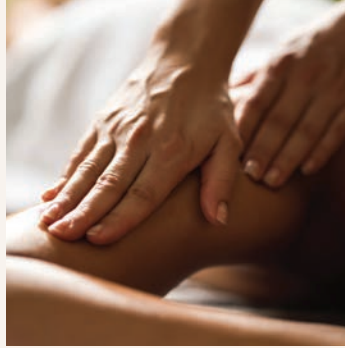
Our 'Cloud 9' Spa experience provides an exclusive range of massage therapy, manicures and pedicures blending in high-end comfort. Our mission is to focus on providing effective mind and body relaxation coupled with perfect hands and feet!

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**The Harbor Club Spa operating hours are  
from 9am to 6pm Daily!**



# Ultimate Massages



## OCEAN MIST MASSAGE

**60 Min. \$100 | 90 Min. \$140**

Our Ocean Mist Massage is a holistic therapy that has been used for centuries to promote relaxation, stress relief, and pain relief. Massages can also help to improve circulation, reduce muscle tension, and boost the immune system.

## HARBOR HIDEAWAY SIGNATURE MASSAGE

**90 Min. \$220**

Imagine yourself entering a tranquil oasis, where the only sound is the gentle murmur of music and the soft scent of essential oils fills the air. With slow and gentle strokes our skilled massage therapists use a combination of warm stones and focused techniques to relax and soothe your muscles. This is the experience of an indulgent and pampering signature massage. It is the perfect way to escape the everyday world and treat yourself to some well-deserved self-care.

All services quoted are in USD (Feel free to query about EURO, CANADIAN, XCD conversion)  
Prices do not include 10% Tax and 10% Service Charge

# Ultimate Massages

## DEEP ALLEVIATION MASSAGE

60 Min. \$120 | 90 Min. \$180

Our Deep Alleviation massage can help to relieve pain and muscle tension from a variety of conditions, including muscle pain, headaches, and back pain.

## AROMA TRANQUILITY MASSAGE

90 Min. \$200

Our Aroma Tranquility massage is a selection of essential oils that are appropriate for your individual needs. We diffuse the oils into the air and apply them directly to your skin. The massage therapist will then use a variety of massage techniques to massage your muscles and connective tissues to relieve deep tension and stimulate the senses.

## OCEAN OASIS MASSAGE

60 Min. \$125 | 90 Min. \$150

The warm sun on your skin and the gentle breeze in your hair whilst the waves crash in the background. This is the experience of an outdoor massage. It is the perfect way to relax, rejuvenate, and connect with nature.

## RIVER STONE MASSAGE

60 Min. \$150 | 90 Min. \$200

Our hot stone massage is different from any other type of massage you have ever had. The warmth of the stones and the gentle pressure of the massage create a truly unique and luxurious experience.

## BAMBOO DRIFTWOOD MASSAGE

60 Min. \$150 | 90 Min. \$200

A bamboo massage is different from any other type of massage you have ever had. The bamboo sticks and the firm pressure of the massage create a truly unique and unforgettable experience.

## SHIPWRECK ESCAPE

90 Min. \$225

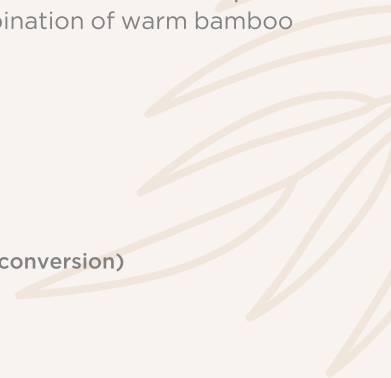
Our Shipwreck Escape is a truly rejuvenating experience which combines the penetrating heat of warm stones and the ease away of muscle tension with a massage.

## SHIPWRECK ULTIMATUM

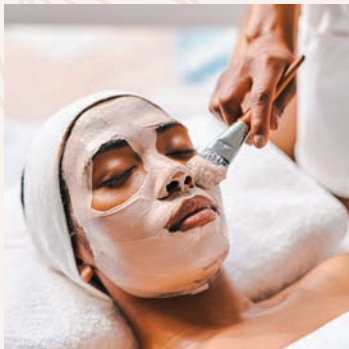
90 Min. \$275

Our Shipwreck Ultimatum allows you to receive a true immense muscle relief with a combination of warm bamboo sticks and deep muscle manipulation.

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# Facials and Body Scrubs



## MARITIME FACIAL

60 Min. \$100

Our Maritime Facial is a great way to cleanse, refresh, and revive your skin. It is also a great way to maintain healthy, glowing skin.

## MARITIME DEEP PORE FACIAL

75 Min. \$115

If you are looking for a way to improve the appearance of your skin, prevent breakouts, and reduce oil production, then our Maritime deep pore facial is the perfect way to do it.

## MARITIME MEN'S DEEP PORE FACIAL

80 Min. \$125

If you are looking for a way to improve the appearance of your skin, prevent breakouts, and reduce oil production, then our Maritime deep pore facial is the perfect way to do it. For our men, assist in removing ingrown hairs and smooth out the skin surface.

## BLUE SEAS AND SIKES

120 Min. \$225

Blue Seas and Skies focuses on relaxing the mind by offering a relaxing massage followed by a detoxifying facial. A perfect head to toe experience.

## MARITIME AGE DEFYING FACIAL

90 Min. \$180

Our Maritime anti-aging facial can help to improve the overall appearance and health of your skin, which can lead to long-lasting results. With regular treatments, you can maintain a youthful complexion and reduce the signs of aging.

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Prices do not include 10% Tax and 10% Service Charge

# Facials and Body Scrubs

## AROMA TRANQUILITY MASSAGE

90 Min. \$200

Our Aroma Tranquility massage is a selection of essential oils that are appropriate for your individual needs. We diffuse the oils into the air and apply them directly to your skin. The massage therapist will then use a variety of massage techniques to massage your muscles and connective tissues to relieve deep tension and stimulate the senses.

## OASIS BODY SCRUB

60 Min. \$150

Our Oasis body scrub is a great way to exfoliate your skin, improve its texture and tone, and leave it feeling pampered and refreshed. It is also a great way to de-stress and relax.

## OASIS BODY POLISH

60 Min. \$120

Looking for a way to exfoliate your skin, improve its texture and tone, and leave it feeling soft, smooth, and radiant, then a body polish is the perfect way to treat yourself.

## NAUTICAL DETOXIFYING BODY MASK

60 Min. \$120

If you are looking for a way to detoxify your body, improve your skin health, and promote relaxation, then our Nautical detoxifying body mask is the perfect way to treat yourself.

## OASIS HYDRATING BODY MASK

60 Min. \$100

The Oasis Hydrating Body Mask are packed with ingredients that help to deeply hydrate and nourish the skin. This can be especially beneficial for people with dry or dehydrated skin. Book your hydrating body wrap today and experience the difference!

## AMPLE WAVES

120 Min. \$280

Ample Waves provides you with the ultimate Spa experience, you will receive a luxurious body scrub and mask, followed by a relaxing full body massage and facial. A wonderful package combining all a Spa has to offer in one!

## THE HARBOR OASIS

90 Min. \$180

The Harbor Oasis starts with a warm body polish to prepare the skin for a nourishing and soothing full body massage. Perfect experience to pamper and soothe the body.

## MERMAID DELIGHTS

45 Min. \$60

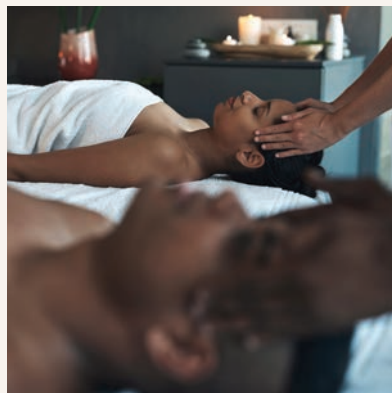
This is a wonderful experience combining a back massage and mini facial for the little ones in our lives.

All services quoted are in USD (Feel free to query about EURO, CANADIAN, XCD conversion)  
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# Couples Retreat

M A S S A G E F O R T W O



## COUPLES RETREAT MASSAGE

60 Min. \$210 | 90 Min. \$240

Our Couples Retreat Massage is a perfect way to relax, rejuvenate, and bond with your loved one. It is also a great way to celebrate a special occasion, such as an anniversary or birthday.

## COUPLES OASIS MASSAGE

60 Min. \$225 | 90 Min. \$275

A couples outdoor massage is more than just a massage. It is a shared experience that can help you to reconnect with your loved one and deepen your bond. It is also a great way to reduce stress, improve mood, and promote relaxation.

## WAVES ROMANCE PACKAGE

90 Min. \$360

As you listen to the waves lap against the deck, imagine receiving a deeply comforting massage with your other half. Afterwards enjoy a bottle of champagne and fruit platter, as you gaze into the deep seas.

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# *Treat Your Feet*

## P E D I C U R E   O P T I O N S



### **DEEP HUE PEDICURE**

**50 Min. \$80**

Our skilled Nail Technicians shape your nails to your desired length and shape, gently push back your cuticles, exfoliate your feet and give you a relaxing and rejuvenating foot soak and massage. We also offer a selection of OPI polishes to choose from. Book with us today and experience the simple, yet luxurious.

### **HARBOR SIGNATURE PEDICURE**

**60 Min. \$100**

Our skilled Nail Technicians go above and beyond a basic pedicure. Our technicians will shape your nails to your desired length and shape, gently push back your cuticles and trim any excess skin, use a foot mask to exfoliate and detoxify your feet, removing any dead skin cells and impurities, dip your feet in warm paraffin wax, which helps to hydrate and soften the skin and provide a truly pampering massage.

### **DEEP HUE MANICURE AND PEDICURE**

**60 Min. \$120**

Our skilled Nail Technicians shape your nails to your desired length and shape, gently push back your cuticles, exfoliate your hands and feet whilst giving you a relaxing and rejuvenating hand and feet massage. We also offer a selection of OPI polishes to choose from. Book with us today and experience the simple, yet luxurious.

### **HARBOR SIGNATURE MANICURE AND PEDICURE**

**80 Min. \$180**

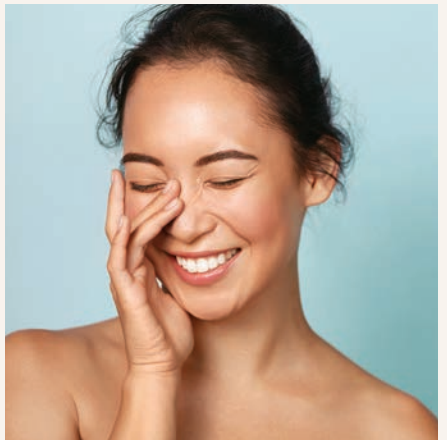
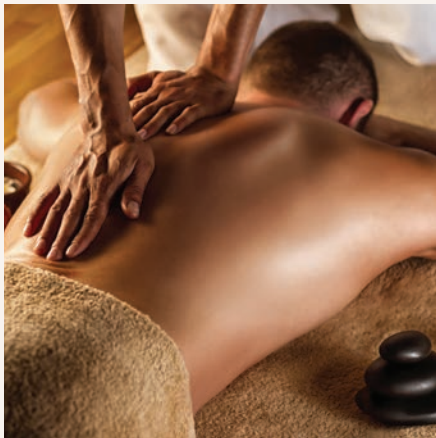
Our skilled Nail Technicians go above and beyond a basic manicure and pedicure. Our nail technician will shape your nails to your desired length and shape, gently push back your cuticles and trim any excess skin, use a hand mask to exfoliate and detoxify your hands and feet, removing any dead skin cells and impurities, dip your hands in warm paraffin wax, which helps to hydrate and soften the skin and provide a truly pampering massage.

### **KIDS UNICORN BREATH**

**45 Min. \$60**

The Unicorn's breath manicure and pedicure is a fun and relaxing way to treat your child to a special day. It's also a great way to teach them about the importance of self-care and hygiene. For Children from the ages of 5 years and 12 years.

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# *Pamper Your Hands*

## MANICURE OPTIONS

### **DEEP HUE MANICURE**

**45 Min. \$70**

Our skilled Nail Technicians shape your nails to your desired length and shape, gently push back your cuticles, exfoliate your hands and give you a relaxing and rejuvenating hand massage. We also offer a selection of OPI polishes to choose from. Book with us today and experience the simple, yet luxurious.

### **HARBOR SIGNATURE MANICURE**

**50 Min. \$90**

Our skilled Nail Technicians go above and beyond a basic manicure. Our manicurist will shape your nails to your desired length and shape, gently push back your cuticles and trim any excess skin, use a hand mask to exfoliate and detoxify your hands, removing any dead skin cells and impurities, dip your hands in warm paraffin wax, which helps to hydrate and soften the skin and provide a truly pampering massage.

### **OPI GEL APPLICATION**

**30 Min. \$25**

Our skilled Nail Technicians go above and beyond with Gel polish a type of hybrid nail polish that combines the best of gel and traditional polish. OPI Gel Polish can last for up to two weeks without chipping or peeling and is resistant to scratches and dents.

### **GEL OR ACRYLIC REMOVAL**

**30 Min. \$25**


When booking either a manicure or pedicure and require a polish change, ensure the gel or acrylic has been removed. Or book an acrylic or gel removal for fast and easy removal.

### **FRENCH UPGRADE**

**30 Min. \$25**

If you are looking for a nail polish that is versatile, low-maintenance, and classic, then French polish is the perfect choice for you. It is a timeless look that will never go out of style.

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# Your Cloud 9 Experience

## ADVANCED RESERVATIONS

- If you have a reservation with our hotel, we highly recommend that you schedule your Spa appointment (s) 4 – 7 days in advance, prior to arriving at The Harbor Club Hotel, to ensure that your preferred time and treatment or service is available.
- To book an appointment with the Harbor Club Spa, you are required to make a deposit of 50%. You can pay in full if you so desire. This applies to all guests. Once booked, you will receive an automated email or prompt message to confirm your appointment with your invoice attached.

## SPA ARRIVAL

- We recommend that you check in at The Spa reception at least 10 minutes prior to your appointment. This gives you time to enjoy a warm or cool beverage whilst completing your consultation/waiver form. This will allow your therapist to provide the best spa experience and most suitable spa treatment.
- Please note that there is a late fee of \$20 attached for appointments pending check – in more than 10 minutes at the spa. If you are delayed for your appointment, we ask that you kindly contact The Spa.
- Last minute rescheduling forfeits your deposit.

## Cancellation Policy

- Appointments pending check- in more than 15 minutes are automatically cancelled. 100% cancellation fee will be applied. Kindly settle your invoice prior to rebooking.
- **Bookings are cancelled by the Spa Manager due to total or absolute contraindications. A brief consultation is required before every appointment. Total/ absolute contraindications include:**
  - Covid19 symptoms, any contagious illness or disease, or anything (including a symptom or medical condition) that is a reason for a person to not receive a particular treatment or procedure.
  - Severe sunburn to the area for treatment is generally a total contra indication to any service.
  - If you have a medical condition that requires a doctor's consent this would be considered harmful to perform the service and with that, it is a total contraindication. We ask that any medical condition requiring your doctor's approval, please let us know prior to booking. If you were informed after booking, please contact us.
  - Pregnancy within the first trimester is a total contraindication to **massage** therapy.
  - If you have had recent surgery or severe operation within 6 months prior to booking; this is a total contraindication.
  - **First day** of menstrual cycle or **heavy/excessive** bleeding during menstrual cycle is a total contraindication to massage therapy.



# Your Cloud 9 Experience

## GIFT CERTIFICATES / CARDS

- Gift certificates/cards are valid for 365 days from date of purchase. Expiry date is noted on them. Gift certificates/cards are paid in full by recipient on the day of purchase. **This gift certificate/card is non-refundable, not redeemable for cash, is non-transferable and re-sale is prohibited.**

## HEALTH | HYGIENE

- Taking a shower prior heading straight to your appointment is highly recommended to enhance your spa experience and for you to also benefit from your treatment with the products used on your skin. It is recommended to not apply heavy cremes, oils or sunblock after your shower. This would be greatly appreciated.
- We do the washing of hands prior to commencing treatments; both therapist and client. If you're having a pedicure, sanitizing is definitely acceptable.

## NO REFUND POLICY

- **All payments** made to the Harbor Club Spa are **non-refundable**.
- We do not extend refunds for cancelled or missed appointments.





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*The Place To Be*

THEHARBORCLUB.COM

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PHONE: 758.731.2900    CALL TOLL FREE: 1-877-244-8990    EMAIL: RESERVATIONS@THEHARBORCLUB.COM

RODNEY BAY MARINA, GROS ISLET, SAINT LUCIA